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A Comparative Evaluation of Cadaveric and Composite Femur Models for Total Hip Arthroplasty

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A Comparative Evaluation of Cadaveric and Composite Femur Models for

Total Hip Arthroplasty

A Thesis

Submitted to the Faculty

of

Rose-Hulman Institute of Technology

by

Anderson Lynn Adams

In Partial Fulfillment of the Requirements for the Degree

of

Master of Science, in Biomedical Engineering

May 2015

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ABSTRACT

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Rose-Hulman Institute of Technology

May 2015

A Comparative Evaluation of Cadaveric and Composite Femur Models for Total Hip Arthroplasty Biomechanics

Thesis Advisor: Dr. Renee Rogge

Composite bones are often used in testing of orthopedic implants due to their relative ease of use and low inter-specimen variability when compared to cadaveric bones. Tests were run to ensure that the composite bones remained an acceptable model for cadaver bones throughout surgical manipulation. Composite $(n=6)$ and cadaver $(n=6)$ femur specimen were subjected to a total hip arthroplasty (THA). Flexural rigidity, axial stiffness, and axial strain measurements were taken at various stages in the surgical process. The composite and cadaver specimen were not found to behave similarly in either flexural rigidity or axial stiffness tests. The results showed a general inconsistency in the behavior of the specimen, making the composite bones an imperfect model. No residual strains or creep in the axial strain tests were found for either composite or cadaver bones; this supports the use of composite bones to reduce unpredictability in testing results.

Dedication

- I would like to dedicate this thesis to my family, friends, and mentors who have supported me throughout my academic career and taught me everything I know. I am blessed to have the
	- support of people who empower and encourage me to chase my dreams.

Acknowledgements

I would like to acknowledge the following people for without their support and guidance this thesis would not have been possible.

- **Dr. Renee Rogge**: my thesis advisor and a constant voice of advice and understanding
- **Scott Small**: a phenomenal lab director who somehow manages to enjoy working with stressed undergrad and graduate students daily
- **Mackenzie Christensen, Jeff Elliott, Danielle Gehron, Gracie Gibbs, Sarah Hensley, Katie Lakstins, Philipp Lorenz, and Ryan Seale**: the student workers in JRSI lab for their support and aide during testing, and also for making the lab a fun place to work
	- **Tom Rogge:** department technician who provided assistance and a workshop for the mechanical building of various testing apparatuses
- **Dr. Tatsuya Sueyoshi**: for his assistance in the surgical preparation and implantation of

the bones

- **Dr. Glen Livesay, Dr. Eric Reyes, and Dr. Lee Waite**: my committee members, for their support and guidance throughout my journey
- **JRSI Lab and its supporters**: without a lab and the incredible equipment available there this thesis would not have been feasible and I am so grateful to have been a part of the

JRSI crew

• **My family**: for supporting me in my efforts to chase my dreams and for giving me the tools to be successful

TABLE OF CONTENTS

LIST OF FIGURES

LIST OF TABLES

1. INTRODUCTION

When testing new orthopedic implants it is important to have consistent, reliable testing methods to determine the explicit effects of the implant. This allows developers to understand the successes and the flaws of the implant before using it in living patients. Sawbones have created a composite bone that is widely accepted as a good representation of human bone. These bones are advantageous for biomechanical testing due to the consistent size, shape, and composition of the bones. When using cadaveric bones for testing, these properties (size, shape, composition) may vary and the results may be influenced by these differences, rather than the characteristics of the implant. The composite bones have been validated for use in biomechanical testing, but the impact of surgical intervention has not been investigated [1-6]. To test orthopedic implants, such as a femoral stem, the bones must be cut and altered, which in the case of the femoral stem involves reaming out the core of the femur.

The research presented explores how the properties of both cadaveric and composite bone change when the bones are surgically modified. Cadaveric $(n=6)$ and composite femurs $(n=6)$ underwent a total hip arthroplasty and were tested for flexural rigidity, axial stiffness, and axial strain. The bones were evaluated during three stages: intact, implant prep phase (i.e. cut), and implanted. Rigidity, stiffness, and strain results were then compared between the 2 bone models during each stage. Analysis of variance (ANOVA) statistical tests were used to find significant differences between stages and types. P-values were used to identify statistically significant differences between values.

This research project was designed to gather information about the cadaver and composite specimens during surgical manipulation. It was not anticipated that the cadaver and composite specimen would have identical results. However, it was expected that the changes in the composite bone between stages would be comparable to the changes in the cadaver bones.

The intact bone was expected to be stronger in both stiffness and rigidity when compared to the cut and implanted bones. It was also projected that neither the cadaveric nor composite bones would retain residual stresses after testing. This was determined in the axial strain tests.

Following is a brief overview of the hip anatomy, hip replacements, and composite bones. Also included in this thesis are detailed methods, the results from the tests run, a discussion of the results, and a conclusion including recommendations for future testing.

2. BACKGROUD

2.1. Brief Hip Anatomy

The acetabulofemoral joint (i.e. hip joint) is where the head of the femur, attached to the femoral neck, and the acetabular cup of the pelvis articulate [7]. Articular cartilage and synovial fluid in the joint allow for smooth articulation throughout the full range of motion. There are three reinforcing ligaments that meet together to help keep the femoral head in place in the acetabular cup [7]. The acetabular labrum (labeled as capsule in Figure 2.1) is also vital in securing the placement of the femoral head in the acetabular cup. Figure 2.1 below provides a visual representation of the hip joint.

Figure 2.1 Anatomy of hip as a synovial joint [8]

2.2. Hip Replacements

Total hip joint replacement (THR), or total hip arthroplasty (THA), is most commonly a repair for individuals suffering from osteoarthritis (OA). THA is a replacement of the femoral head and the acetabular cup. Hip replacements reduce pain and improve function, improving the patient's overall quality of life.

Overall in the US, there is an average of 285,000 THA per year, with a revision only being necessary in one of every 6 replacements [9, 10]. The average age of patients is 69 years old and women account for over half of the procedures [10]. A THA is recommended for patients with evidence of joint damage and/or moderate to severe persistent pain or disability [10].

2.3. Complications with Hip Replacements

Although it is considered a highly safe and successful procedure, there are still complications of THA. Primary failure mechanisms for THA include: infection, implantation issues (i.e. loosening, instability), implantation wear, dislocation, and bone fracture.

2.4. Biomet Implant

The EchoTM Bi-Metric[®] (Biomet, Warsaw, IN) is a cementless femoral implant. Its key features include: reduced neck geometry to decrease risk of neck impingement, polished neck to reduce debris in the case of impingement, and a distal tip designed to provide separation from bone cortex and a reduction in distal stresses [11]. Figure 2.2 shows the femoral shaft implant.

Figure 2.2 EchoTM Bi-Metric[®] femoral shaft implant with key features identified [11]

2.5. Composite Bone Model

The composite bones used in this research were Sawbones® (Pacific Research Laboratories, Washon Island, WA). The specimens were all fourth generation, size medium, left femurs, foam cortical shell models and one shown in figure 2.3. These models have an inner cancellous material surrounded by a rigid foam shell [12]. The cancellous material is made up of polyurethane foam that the ASTM has verified for use as a medium to test various orthopaedic devices [13]. Multiple studies have shown that the foam has reproducible and consistent mechanical properties that are comparable to a range of trabecular bone properties [14-15]. The rigid foam shell mimics the cortical bone and is made of a short glass fiber reinforced epoxy [4].

Figure 2.4 shows a sagittal cut of the femur which highlights the inner material of the bone. These specimens are ideal for testing joint replacements.

Figure 2.3 Sawbone® medium, left, foam cortical shell model [12]

Figure 2.4 Sagittal cut of Sawbone® model [12]

2.6. Previous Tests

Cristofolini [1] and Heiner [3-4] both authored various papers that compared the composite and cadaver femurs. Their findings supported the use of composite bones when developing and testing new prostheses. However, Cristofolini cautions that final testing of a design should also include cadaveric specimen to ensure that the prosthesis is not optimized for the composite bone [1]. These studies also report less inter-specimen variability in the composite bones than in the cadaveric bones [1, 4]. These previous tests were performed on intact composite and cadaver specimen. Heiner reported that the mean stiffness values were comparable between the composite and cadaver bones [3].

2.7. Use of Cadaveric Bones

The obvious advantage of using cadaveric bones in biomechanical testing is the ability to use the results to make direct inferences about the behavior of an implant in a patient. Cadaveric bones allow one to determine how the bone will be affected by the implantation procedure.

Disadvantages to using cadaver bones are numerous. Firstly, it is a biohazard material and ensuring the lab and experimenters stay clean and safe can be problematic and expensive. The cadaver bones are also sensitive to temperature and humidity changes. It is important to keep the bones in conditions that preserve their qualities as long as possible, which can be hard in tests with many cycles or stages. Another disadvantage to cadaver bones is the difficulty in obtaining multiple specimens of the same size, shape, and composition. These bones are coming from a variety of donors who are different heights, weights, and have various lifestyles that can all affect the condition of the bone at the time of donation. These variations in the cadaver specimen could confound results found when testing orthopedic implants. Table 2.1 below highlights the demographics for our cadaveric specimen.

	Age	BMI	Gender	Alcohol Use	Tobacco Use	Marijuana Use	Physically Inactive	Malnourishment
MD2675	74	19	Male	$^{+}$	$^{+}$			
WV0103	78	23	Male	$^{+}$	$^{+}$			
PA1227	63	20	Male		$^{+}$			
MD1537	63	23	Male	$^{+}$	$^{+}$			
GA0618	74	29	Male	$^{+}$	$^{+}$	$^{+}$		
NJ1747	69	16	Male		$^{+}$	$^{+}$	$^{+}$	$^{+}$

Table 2.1Cadaveric specimen demographics

3. METHODS

The methods presented in this section were adapted from Heiner [3]. Composite and cadaver femurs were subjected to a total hip arthroplasty. All cuts and implantations were made by the same, experienced surgeon. EchoTM Bi-Metric[®] (Biomet[®], Warsaw, Indiana) hip implants were used. The same size implant was used for all specimens. These implants were chosen because they were easily available in the lab and were not the focus of this study. The composite bones were Sawbones[®] (Pacific Research Laboratories, Washon Island, WA) and were all medium, left femurs.

3.1. Cadaver Bone Preparation

Cadaveric femurs were received previously dissected. They were further stripped of any remaining soft tissue. While femurs were not being tested, they were kept in a freezer at -20°C. Bones were placed in a refrigerator at 5°C for 24 hours to thaw. To reduce freeze/thaw cycles, bones were tested in both flexural rigidity set-ups consecutively. Axial stiffness and strain tests were also performed consecutively. During testing, bones were kept moist with a 0.9% saline solution.

3.2. Flexural Rigidity

3.2.1. Testing Procedure

A custom built 4-point bending fixture with 62 mm between successive points was used to apply bending to both composite and cadaveric bones. The load was applied using a load cell (2 kN, Instron, Grove City, PA). Bones were loaded in two directions, anterior surface in tension and lateral surface in tension, with the longitudinal midsection aligned with the midsection of the test fixture. The femurs were clamped in the proximal end with rotation constrained in the distal end using a custom mold as shown in Figure 3.1. It is important to restrain rotation about the longitudinal axis and also about the anterior-posterior axis to find the full flexural rigidity.

Figure 3.1 Intact composite bone in lateral in tension loading set-up with rotation constrained by a clamp in the proximal end and a custom mold on the distal end

Specimens were loaded from 50 to 500 N at 0.025 mm/s. The maximum load was held for 30 seconds before the bone was unloaded to 5 N. This protocol was adapted from Heiner [3]. A modification in this study was the additional mold to constrain rotational motion in the distal end of the femur. The schema is shown in Figure 3.2. T_1 shows the start of the test, with a preload of 50 N. T_2 is at the point of maximum load, 500N. T_3 shows the end of the 30 second hold at maximum load and T_4 is at the point where the load returns to 0 and the beginning of the rest period.

Figure 3.2 Flexural Rigidity loading profile where t1 is the beginning of the test, t2 is when the maximum load is reached, t3 is at the end of the load hold time, and t4 is the end of the test where the load has returned to 0.

One preconditioning load cycle was administered to rid the bone of any memory from a previous loading. This ensured that the results seen were due to the applied bending load, rather than a previous test. The preconditioning test was exactly the same as the data collection tests, however the data were not analyzed. Preconditioning was followed by five data collection load cycles, with a 5 minute rest between each cycle for the composite specimen. The rest period was incorporated to allow the bone to fully relax and to remove any residual effects of the previous test. A period of 5 minutes had been used in previous testing and was determined to be sufficient in bone recovery. To preserve the cadaver specimen, only three data collection cycles were run. Flexural rigidity during the loading period $(t_2 - t_3)$ was found using the following equation:

$$
EI = \frac{23}{24} \frac{P}{y} c^3
$$
 (1)

where E is the elastic modulus, I is the moment of inertia, P is the load, y is the maximum deflection (assumed at the midpoint) and c is the distance between two successive supports [16]. The derivation of this equation is shown in Appendix C. Flexural rigidity (EI) is reported in Nm². The applied load is a known 450 N and the c is set to be 62 mm. The deflection, y, was

found by identifying the greatest displacement during the maximum load, which was during the $t_2 - t_3$ period.

3.3. Axial Stiffness

3.3.1. Bone Preparation

Composite and cadaveric bones were potted distally at approximate depths of 8.5 cm. The femurs were potted so that the femoral shaft was 11° from the vertical in the direction of adduction, to mimic the physiological arrangement of the femur in vivo. After each stage of testing, the potting on the bones was removed to prepare for the flexural rigidity tests.

3.3.2. Testing Procedure

The load was applied on the head of the femur, in the anatomically correct position using a load cell (10 kN, Instron, Grove City, PA). For the intact bones, a custom mold was made to cover the head of the femur and mimic the acetabular cup. With the implanted bones, the acetabular cup implant was used to cover the femoral head. The load was applied to mimic a single-legged stance [17]. A ball bearing was used to allow for free rotation, which allows variations in component alignment without over constraining the system [18]. The set-up is shown in Figure 3.3.

Figure 3.3 Implanted composite femur in axial stiffness loading set-up

Specimens were loaded in compression from 60 to 600 N at 60 N/s. The maximum load Specimens were loaded in compression from 60 to 600 N at 60 N/s. The maximum load was held for 30 seconds before being unloaded to 10 N. The loading schema is shown in figure 3.4. T_1 is at the beginning of the test, with a preload of 60 N. T_2 is at the point of maximum load, 600 N. T_3 is at the end of the maximum load hold and T_4 is when the bone has been unloaded.

Two preconditioning load cycles were performed to ensure the placement and stability of the bone as well as to remove the loading memory. This was followed by eight data collection load cycles, with a 5 minute rest between each cycle. The rest period was to ensure that the bone had enough time to recover from any residual stresses. Maximum deflection was found during the full load (between t_2 and t_3), a known 550 N. The axial stiffness was found by dividing the load by the deflection and is reported in units of N/mm.

3.4. Axial Strain

3.4.1. Bone Preparation

The potted composite and cadaveric bones were used again for the strain tests. Four rosette strain gauges (KFG-2-120-D17-11L3M3S, Kyowa Electronic Instruments, Tokyo, Japan) were applied at consistent intervals along the medial side of the bones as shown in Figure 3.5. These intervals were chosen to mimic a previous study done in the lab [19]. The "x" marks indicate where the actual gauge is placed and the distances from the first gauge are specified.

Figure 3.5 Cut composite femur with strain gauges marked by "x" placed along medial side of the bone. Positions are numbered for reference.

To prepare the bones for gauge attachment, they were sanded, rubbed with sterilizing alcohol to remove remaining debris, and coated with glue. The gauge was prepped with glue as well. After being applied to the bone, the gauge and surrounding bone was covered with a protecting coating to ensure adhesion. The adhesive used was M-Bond 200 (Micro-Measurements, Vishay, Raleigh, NC) and the procedure was adapted from the instructions accompanying the product [20]. Before executing this procedure with the cadaveric bones, the periosteum and other remaining soft tissue were removed.

3.4.2. Testing Procedure

The composite and cadaveric bones were loaded in the same set-up used in the axial stiffness test. The minimum and maximum strain values sent from the gauges to the data acquisition system (StrainSmart, Vishay, Raleigh, NC) were used to calculate the Mises strain using the formula below.

$$
Miss\,Strain = \frac{1}{3} * \sqrt{4 * (max\,Strain - \min \,strain)^2}
$$
 (2)

The specimens were loaded from 0 to 600 N of compression at 60 N/s and held for 15 minutes. This was followed by an unloading at 60 N/s and held at a zero load for an additional 15 minutes. Recordings of strain were taken before each test (t_1) , at the beginning of maximum load hold (t_2) , at the end of maximum load hold (t_3) , when the load again reached zero (t_4) , and at the end of the rest period (t_5) . The time of these recordings is shown in the load profile below. This test was only run once per specimen as a means to determine whether the bones were being plastically deformed by the tests.

Figure 3.6 Axial stiffness loading profile where t1 is the beginning of the test, t2 is when the maximum load is reached, t3 is at the end of the load hold time, and t4 is the end of the test where the load has returned to 0, and t5 is at the end of the rest period.

3.5. Testing Summary

Table 3.1 gives a summary of all tests run on each specimen. The cycles run per test are also specified.

3.6. Statistical Analysis

All statistical analyses were run in Minitab $^{\circledR}$ (State College, PA). To assess differences across stages and between types, a repeated measures of analysis of variance (ANOVA) was used. P-values were considered significant if they fell below 0.05. Outliers are identified on boxplots with a *. These outliers are determined by the software during Boxplot formation and were not significant in the analysis. The comparisons made and analyzed are outlined in Table 3.2.The purpose for the comparison is also given and the key is in Table 3.3.

Flexural Rigidity	Statistical Comparison	Purpose	
Composite	Intact vs Cut	A	
Composite	Intact vs Implanted	B	
Composite	Cut vs Implanted	\bf{B}	
Cadaver	Intact vs Cut	\mathbf{A}	
Cadaver	Intact vs Implanted	\mathbf{B}	
Cadaver	Cut vs Implanted	\bf{B}	
Intact	Cadaver vs Composite	\mathcal{C}	
Cut	Cadaver vs Composite	\mathcal{C}	
Implanted	Cadaver vs Composite	\overline{C}	
Difference between Intact and Cut	Cadaver vs Composite	\overline{C}	
Difference between Intact and Implanted	Cadaver vs Composite	\overline{C}	
Difference between Cut and Implanted	Cadaver vs Composite	\overline{C}	
Axial Stiffness			
Composite	Intact vs Implanted	\bf{B}	
Cadaver	Intact vs Implanted	\bf{B}	
Intact	Cadaver vs Composite	\overline{C}	
Implanted	Cadaver vs Composite	\overline{C}	
Difference between Intact and Implanted	Cadaver vs Composite	\overline{C}	
Axial Strain			
Composite Intact	Time 1 vs Time 5	D	
Composite Intact	Time 2 vs Time 3	E	
Composite Implanted	Time 1 vs Time 5	D	
Composite Implanted	Time 2 vs Time 3	E	
Cadaver Intact	Time 1 vs Time 5	D	
Cadaver Intact	Time 2 vs Time 3	E	
Cadaver Implanted	Time 1 vs Time 5	D	
Cadaver Implanted	Time 2 vs Time 3	E	
Difference between Time 1 and 5 - Intact	Cadaver vs Composite	\mathcal{C}	
Difference between Time 2 and 3 - Intact	Cadaver vs Composite	\overline{C}	
Difference between Time 1 and 5 - Implanted	Cadaver vs Composite	\overline{C}	
Difference between Time 2 and 3 - Implanted	Cadaver vs Composite	\mathcal{C}	

Table 3.2 List of statistical comparisons between types and stages made and analyzed. Purpose key is included in table 3.2

Table 3.3 Key for Comparison Purpose

Factors of interest were identified as factors that were used to make comparisons and identify changes in the specimen as they were altered. Factors of interest used in each model are identified in the Table 3.4. Specimen was also included in each test and position was included in the axial strain tests, but these were not considered "factors of interest". Specimen and position were used to ensure changes between each bone were captured between the stages.

	Type	Stage			Time					
Tests	Cadaver	Composite	Intact	Cut	Implanted			3		
Flexural Rigidity										
Axial Stiffness										
Axial Strain					┿	$^{+}$	+	┿		

Table 3.4 Factors of interest used in each statistical model to make comparisons are marked with "+"

The specimen factor was considered to be a random (observational) variable because the specimens represent a random sample of bones from their respective populations. In the strain test, position was also considered a random variable because those specific sites are just a sample of the strain throughout the bone.

Interaction of type and stage was included in all models to ensure that the effects of the alterations made to the specimens are noted between the different types. In the strain model an interaction between type, stage, and time was also included.

3.6.1. Iterated Reweighted Least Squares

When the ANOVA model was first run with the axial strain data, it was found that there were unequal variances in the axial strain raw data. The fan shape in Figure 3.7 illustrates that as the Mises strain values increase, there is more variance in the data.

Figure 3.7 Residuals versus fits graph showing unequal variance in the axial strain model

To compensate for the unequal variances an iteration process called iteratively reweighted least squares was used [21]. This process uses the residuals and the fits from the initial ANOVA analysis to estimate the variance function. The logarithms of squared residuals were regressed in a simple model using the fits as the predictors. Then the fits from that model were used to determine the weights (1/fits). The weights are then plugged into the original ANOVA model to find new regression coefficients.

With this data, the coefficients from the weighted regression differed largely from the original model. This led to multiple iterations and revised weights until the coefficients were stabilized. Figure 3.8 illustrates the convergence of the coefficients through 5 iterations. The goal is for the coefficients to reach a consistent value through multiple iterations. The fifth iteration was performed due to the slight increase in the stage variable from iteration three to four.

Figure 3.8 Graph showing the convergence of the coefficients through multiple iterations using the iterated reweighted least

squares procedure

4. RESULTS

4.1. Composite Bones

In this section the results from the composite bone tests will be presented. Comparisons will be made between each stage to determine whether the modifications made to the bone affect its mechanical properties. Significant differences between stages are highlighted with a p-value less than 0.05. The raw data for these tests can be found in Appendix A.

4.1.1. Flexural Rigidity

The flexural rigidities of the composite femurs were tested in all three stages; intact, cut, and implanted. The composite bones underwent 5 data collection cycles in each test. A repeated measures ANOVA test was used to compare the composite femur flexural rigidity data because it allows the differences for each bone between the stages to be analyzed without correlating the differences between the specimens.

4.1.1.1. Lateral-in-Tension

For composite bones in the lateral-in-tension set up, there was a statistically significant decrease in the flexural rigidity from the intact bone to the cut and implanted bones (p-value < 0.001 in both). There was no evidence of a significant difference between the cut and implanted femurs (p-value $= 0.867$). The boxplot in Figure 4.1 provides a visual of the comparisons between the stages. In this figure it is clear that the intact femur has a higher flexural rigidity than the cut and implanted bone.

Figure 4.1 Boxplot of flexural rigidity – lateral in tension shows average flexural rigidity for the composite femurs at each stage. Outliers are indicated by *.

4.1.1.2. Anterior-in-Tension

In the anterior-in-tension set up, a difference between the intact bones and the cut and implanted bones was found to be significant with a p-value < 0.001 in both cases. There was no evidence of a significant difference between the cut and implanted bones (p-value = 0.208). Figure 4.2 shows the differences between the means of flexural rigidity between the stages. The differences aren't as pronounced as those associated with the lateral-in- tension but it is still clear that the intact bone has a higher flexural rigidity than the cut and implanted bone.

Figure 4.2 Boxplot of flexural rigidity – anterior in tension shows average flexural rigidity for the composite femurs at each stage. Outliers are indicated by *.

4.1.2. Axial Stiffness

The axial stiffness tests were performed at the intact and implanted stages. It was not possible to apply an axial load on the cut femurs because they lacked a femoral head. This test included 8 data collection cycles per bone. It was expected the means for both the intact and implanted femurs would be similar because the implant is designed to undergo normal physiological loading and mimic the natural femur design. It was found that there was no evidence of a significant difference in the axial stiffness between the intact and implanted femur $(p-value = 0.159)$. Figure 4.3 shows how similar the stiffness is between the intact and implanted stages.

Figure 4.3 Boxplot of axial stiffness shows average stiffness for the composite femurs at each stage.

4.1.3. Axial Strain

In the strain test, Mises strain was compared between time points 1 and 5, and 2 and 3, to ensure that the tests were not permanently deforming the bone. As shown in Table 4.1, in both the intact and the implanted composite femurs there was no significant difference between the strain values at time points 1 and 5, across all positions. Also, there is no significant difference observed between time points 2 and 3 in either intact or implanted bones. This is also shown visually in Figures 4.4 and 4.5.

Figure 4.4 Boxplot comparing average Mises strain between times 1 and 5 for both intact and implanted composite femurs. Outliers are indicated with *.

Figure 4.5 Boxplot showing comparison of average Mises Strain between times 2 and 3 for both intact and implanted composite femurs.

4.2. Cadaver Bones

In this section the results from the cadaver bone tests will be presented. Comparisons will be made between each stage to determine whether the modifications made to the bone affect its mechanical properties. Significant differences between stages are highlighted with a p-value less than 0.05. The raw data for these tests can be found in Appendix A.

4.2.1. Flexural Rigidity

The flexural rigidities of the cadaver femurs were tested in all three stages; intact, cut, and implanted. The composite bones underwent 3 data collection cycles in each test. A repeated measures ANOVA test was used to compare the cadaver femur flexural rigidity data because it allows the differences between the stages for each bone to be analyzed without correlating the differences between the specimens.

4.2.2. Lateral-in-Tension

In the lateral-in-tension set-up, a significant change in flexural rigidity from intact to cut bone was found in the cadaver femurs (p-value < 0.001). The flexural rigidity of the cut bone was greater than the intact bone. A p-value of 0.032 indicates a significant difference in flexural rigidity of the intact femur and the implanted femur. These results indicate that the cadaver bone is more rigid after it is cut but then becomes less rigid with the implant. To support this, is a significant difference in the flexural rigidity between the cut and implanted femur (p-value \le 0.001). A decrease in rigidity from cut to implanted shows that the bone becomes considerably less rigid when implanted. The average flexural rigidity for the cadaver femurs at each stage is shown in Figure 4.6.

Figure 4.6 Boxplot of flexural rigidity – lateral in tension averages for cadaver specimen at each stage.

4.2.2.1. Anterior-in-Tension

The anterior-in-tension results also showed that the intact and cut bone were statistically different (p-value < 0.001). This is expected with such a drastic cut. However, between the intact bone and the implanted bone there is no evidence of a statistical difference (p-value $= 0.067$). When comparing the cut bone to the implanted bone, a p-value of 0.039 indicates a significant difference. The average flexural rigiditys for the cadaver femurs at each stage are shown in Figure 4.7.

Figure 4.7 Boxplot of flexural rigidity averages for cadaver specimen at each stage

4.2.3. Axial Stiffness

The axial stiffness tests were performed at the intact and implanted stages. It was not possible to apply an axial load on the cut femurs because they lacked a femoral head. This test included 8 data collection cycles per bone. It was found that there was a statistical difference in the stiffness between the intact femur and the implanted femur (p-value < 0.001). The axial stiffness in the implanted femur is higher than in the intact femur. The average axial strains for the cadaver femurs at each stage are shown in Figure 4.8.

4.2.4. Axial Strain

Table 4.4 shows the difference in axial strain in both intact and implanted cadavers between time points 1 and 5, and 2 and 3. These comparisons are shown visually in Figures 4.9 and 4.10. It is clear that in the both stages, there is no significant difference in the strain between time 2 and 3. However, in the implanted femur, there is a significant difference between time 1 and time 5. In Figure 4.9, it appears that the Mises strain values at times 1 and 5 are similar. The significant difference found is due to the weighting used in the ANOVA model.

Figure 4.9 Boxplot comparison of average Mises strain between times 1 and 5 for both intact and implanted cadaver femurs. Outliers are identified with *.

Figure 4.10 Boxplot comparison of average Mises strain between times 1 and 5 for both intact and implanted cadaver femurs. Outliers are identified with *.

4.3. Comparison Between Composite and Cadaver Femurs

In this section comparisons will be made between each type to determine whether the composite and cadaver bones react differently to the modifications made. Comparisons will be made between types at each stage as well as between the changes from stage to stage. Significant differences between types are highlighted with a p-value less than 0.05.

4.3.1. Flexural Rigidity

4.3.1.1. Lateral-in-Tension

When comparing the stages across the type of specimen, the composite bones and cadaver bones are significantly different at each stage, as shown in Table 4.5.

Table 4.3 Comparison of flexural rigidity between types at each stage. Statistically significant differences indicated with a pvalue less than 0.05.

Intact	Difference in Flexural Rigidity	95% CI		P-value
Cadaver vs Composite	42.8	0.5	85.2	0.047
Cut				
Cadaver vs Composite	-62.7	-105	-20.4	0.004
Implanted				
Cadaver vs Composite		1.4	86	0.043

However, it is not so important that the composite and cadaver bones have exactly the same values, but that they react to the alterations in the same fashion. Table 4.6 shows the differences between the stages for each type. The clear difference is the statistically significant difference between rigidity of the cut and implanted stages in the cadaver bone while there is no difference between these stages in the composite bone.

Table 4.4 Flexural rigidity ANOVA results for both composite and cadaver specimen in the lateral in tension set-up

Statistically significant differences indicated with a p-value less than 0.05.

4.3.1.2. Anterior-in-Tension

In this set-up, the intact and implanted stages were statistically different, but at the cut stage there was no difference between the types. This is shown in Table 4.5.

Table 4.5 Comparison of flexural rigidity between types at each stage. Statistically significant differences indicated with a p-

Cadaver vs Composite 28.1 0.5 55.7 0.046

value less than 0.05.

In this set-up, the cadaver specimens' flexural rigidity increased from intact to cut, but then decreased from cut to implanted. In the composite specimens, the flexural rigidity decreases from intact to cut, as well as cut to implanted.

Table 4.6 Flexural rigidity ANOVA results for both composite and cadaver specimen in the anterior in tension set-up Statistically significant differences indicated with a p-value less than 0.05.

4.3.2. Axial Stiffness

In both the intact and the implanted stages, there were significant differences between the composite and cadaver bones. However, in the intact stage, the composite specimens had a higher stiffness and in the implanted stage the cadaver specimens had a higher stiffness.

Table 4.7 Comparison of axial stiffness between types at each stage. Statistically significant differences indicated with a p-value

less than 0.05.

Intact	Difference in Axial Stiffness	95% CI		P-value
Cadaver vs Composite	2549		3542	0.000
Implanted				
Cadaver vs Composite	-230.6	-3299	-1313	0.000

When comparing the change between the stages across the types, it is clear that there is more variability in the cadaver specimen. This is expected because of the variation between the cadaver specimens. They are not all the same size or shape and they also have variations in their quality.

Composite	Difference in Axial Stiffness	95% CI		P-value
Intact vs Implanted	39	-14	92.	0.149
Cadaver				
Intact vs Implanted	524.5		329.9	-000

with a p-value less than 0.05 .

4.3.3. Axial Strain

When comparing the changes in axial strain across the specimen, the confidence intervals given in the ANOVA tests can be evaluated to show differences in variation. When comparing times 1 and 5, in both intact and implanted stages, the cadaver specimens have a larger confidence interval than the composite specimens. The cadaver specimens also have a larger difference from time 1 to 5. However, when comparing times 2 and 3, the cadaver has a tighter confidence interval in both stages and a significantly smaller difference in the implanted stage. **Table 4.9** Comparison of axial strain difference across times for both types and stages. Significant differences are indicated with

Composite Intact	Difference in Mises Strain	95% CI		P-value
Time 1 vs Time 5	-8.3	-36.8	20.2	0.568
Time 2 vs Time 3	28	-181	236	0.793
Cadaver Intact				
Time 1 vs Time 5	28	-3.8	59.7	0.084
Time 2 vs Time 3	-29.6	-170	110.9	0.679
Composite Implanted				
Time 1 vs Time 5	14.1	-13.8	42	0.320
Time 2 vs Time 3	99.5	-95.4	294.5	0.316
Cadaver Implanted				
Time 1 vs Time 5	73.6	32.2	115	0.001
Time 2 vs Time 3	-1.8	-105.9	102.3	0.973

a p-value less than 0.05.

5. DISCUSSIO

5.1. Composite Bones

The composite bones behaved as expected in all testing set-ups. The flexural rigidity was compromised after the cut but remained stable when implanted. The axial loading tests showed that the cut and implantation did not affect the stiffness or strain in the bone.

5.1.1. Flexural Rigidity

In the composite bones, it was found that flexural rigidity decreased after the femur was cut and was not regained after implantation. However, there was no difference in flexural rigidity found between the cut and implanted femurs.

5.1.1.1. Lateral-in-Tension

It was found that there was a significant difference in the flexural rigidity between the intact femur and the cut and femur with implant when loaded with the lateral-in-tension. This change in bone properties was anticipated after a dramatic cut such as this. It was also expected that the flexural rigidity would decrease when the bone is altered. The analysis showed that difference between the cut and femurs with implants was not significant. As the major changes to the bones structure had already occurred, this is a projected outcome. Implanting the composite femurs did not change the flexural rigidity after the cut had been made.

5.1.1.2. Anterior-in-Tension

A significant difference was found between the intact femur and the cut and implanted femurs when loaded with the anterior-in-tension. There was no evidence of a significant difference between the cut femur and the femur with implant. These results mirror those from the lateral in tension set up and confirm the conclusion that the initial cut has an effect on the flexural rigidity of bone but inserting the implant does not.

5.1.2. Axial Stiffness

No evidence of a significant difference of axial stiffness between the intact femur and the femur with implant was found. This was anticipated because the implant is designed to mimic the natural bone as it supports an axial load. The cut does not affect the bone's ability to support an axial load because the bone is loaded at the femoral head rather than the shaft, where the cortical bone analog has been compromised.

5.1.3. Axial Strain

In the axial strain time comparisons between times 1 and 5, there were no statistical differences found in either the intact bone or the implanted bone. This indicates that the composite bone is not carrying any residual stress after being loaded. No evidence of a statistical difference of the strain between times 2 and 3 indicates that there is no creep in the femur during the 15 minute loading time. The implant does not affect the ability of the composite bone to undergo a load without plastically deforming.

5.2. Cadaver Bones

The cadaveric specimen produced results that were puzzling, such as increased flexural rigidity after the cut was made. However, axial stiffness increased with implantation which could be anticipated. Residual strains were found in the femurs with implants, which is expected after extensive testing such as this.

5.2.1. Flexural Rigidity

The flexural rigidity test results in the cadaver specimen were more varied than those in the composite specimen. There were differences found between the intact bones and the cut and implanted bones but also between the cut and implanted bones, which was not found in the composite specimen. The results show that the cadaveric bones become more rigid after they have been cut, but then lose the increased rigidity when they are implanted. A possible

explanation for this could be the variations in the cadaveric bones. These bones have inconsistent curvatures as well as cross-sections. A small variation in set-up between stages could have an impact on the flexural rigidity.

5.2.1.1. Lateral-in-Tension

It was found that the flexural rigidity increased from intact to cut femur in the cadaver specimen in the lateral set-up. This is unexpected, especially when compared to the composite specimen reaction. There was a significant difference found between the intact femurs and the femurs with implants; however the rigidity decreased from the intact to the implanted femur as expected. The largest difference was a decrease in rigidity from the cut femurs to the femurs with implants. This supports the idea that implantation is damaging to the cadaveric bone.

5.2.1.2. Anterior-in-Tension

In the anterior set-up, it was found that the rigidity increased from the intact to the implanted femurs, which mimics the lateral results. However, there was no significant difference between the intact and implanted femurs. In this set-up, the implanted bone mimics the intact bone results, which is the desired outcome for the implant. There was a significant difference found between the cut and implanted femurs, however it was not as large as in the lateral set-up.

5.2.2. Axial Stiffness

A significant difference was found between axial stiffness of the intact and implanted cadaveric femurs. The stiffness actually increased in the femurs that were implanted when compared to the intact. The implant appears to be able to withstand the loading better than the cadaveric bone. This is anticipated due to the poorer bone quality of the cadaveric bones used in these tests.

5.2.3. Axial Strain

In the axial strain tests, times 1 and 5 were compared in both the intact bones and the implanted bones. No significant difference was found in the intact bones, showing that there are no residual strains in the bone, which is expected. However, in the implanted bone there was a significant difference. The strain in the bone at time 5 was higher than at time 1. This can be attributed in part to the implant but also to the volume of cycles these bones were put through. This was the last test performed on these bones and deterioration of the bone is expected after testing of this quantity. There was no significant difference found between times 2 and 3 in either the intact or the implanted bone. This shows that there is no creep in the cadaveric bone during the 15 minute load hold.

A substantial number of outliers in the strain data for the cadaver tests is concerning. Some of this may be due to only one cycle of this test being performed for each specimen; it could also be due to zeroing issues when preparing the test. However, it could also be an indication of residual stresses in the bones. This can only be determined with further testing.

5.3. Comparison Between Composite and Cadaver Femurs

The important comparisons between the composite and cadaver specimen is made when analyzing the change in the material properties after the cut is made. In fact, the only result that was not statistically different when directly comparing the composite and cadaver specimen was flexural rigidity in the anterior at the cut stage. This section will focus on the comparison of the changes between the stages for composite and cadaver specimen.

5.3.1. Flexural Rigidity

5.3.1.1. Lateral-in-Tension

For the intact versus cut comparison, both composite and cadaver specimen had a significant change, but the composite rigidity decreased while the cadaver rigidity increased.

While the cut is harmful to the composite bone, it increased the rigidity in the cadaver bone. This difference in response between the cadaver and composite bones is unexpected. The repeated thawing and refreezing cycles the cadaver bones underwent, as well as the potting and unpotting procedures could have had a residual effect on the mechanical properties of the cadaveric bones.

Between the cut and implanted stage, it is found that there is no significant difference in the composite femurs but there is a significant decrease in the flexural rigidity of the cadaver femurs. The composite femurs are not affected by the installation of the implant while the cadaver femurs are. This is a more anticipated result. The cadaveric bone is more sensitive to changes in structure and has a higher probability of plastic deformation than the composite bones. This result supports the idea that composite bones are more stable to use for implant testing, but sheds light on the loss of bone response to implantation when cadavers are not used.

5.3.1.2. Anterior-in-Tension

The change from intact to cut was significant in both the composite and cadaver specimen; however the rigidity increased in the cadaver femurs while it decreased in the composite femurs. This mirrors the results found in the lateral in tension set up and confirms the idea that the cadaveric bones are affected by factors external to this experiment.

No significant difference was found between the intact and implanted cadaver specimen, while a significant difference was found in the composite specimen. This indicates that the implanted cadaver will behave similarly to the intact femur, which is the ultimate goal of the implant.

As in the lateral set-up, there was no significant difference found between the cut and implanted composite specimen and a significant difference in the cadaver specimen. This can again be attributed to the increased sensitivity of the cadaver specimen.

5.3.2. Axial Stiffness

When comparing axial stiffness, the composite specimen did not have a significant difference but the cadaver specimen did. From this it can be inferred that the composite bones are better equipped to deal with structural changes than the cadaver bones. This would support the use of composite bones in testing in scenarios such as micro-motion but not when looking at the effect of implantation on the shaft of the bone.

5.3.3. Axial Strain

When comparing axial strain at times 1 and 5, it was found that the composite intact and implanted femurs did not have a significant difference, but the implanted cadaver did. This can be attributed to the degenerative nature of the cadaver bones. At the point in which they were implanted, the cadaver specimens had gone through various thaw/refreezing phases as well as the repeated loadings. The composite bones are not in danger of "drying out" or losing their natural properties. The larger variation in the cadaver Mises strain data is expected due to the varied sizes, shapes, and quality of the cadaver bones.

A comparison of times 2 and 3, shows no significant difference in either type or stage. Despite the heavy load and many cycles each specimen was put through, there was no creep in the strain throughout the hold period. This supports the results from the testing done and the assumption that there is no plastic deformation. There was greater variation in the composite specimen at this comparison. This indicates that the composite bones have some variances when subjected to a sustained load. However, this is not considered a significant issue because there was no statistical evidence of a change in the strain or residual strains in the bone.

5.4. Comparison to Heiner Results

To evaluate the execution of the methods, results were compared to Heiner [4]. The averages for each bone type (intact stage) in each study are presented in Table 5.1. This

comparison shows that the results obtained are of the same order of magnitude as those found previously. The marginally higher flexural rigidity in this study can be attributed to the additional mold restraining rotation at the distal end of the femur during testing. The extreme difference in the axial stiffness could be due to poorer bone quality of specimen in this study, or due to a discrepancy in loading set-up (i.e. alignment or positioning). Heiner removed the specimen after each test cycle, while in this study femurs were set-up once and subjected to each cycle.

Study	Bone Type	Flexural Rigidity $(Nm2)$, AT	Flexural Rigidity (Nm^2) , LT	Axial Stiffness (N/mm)
Heiner	Cadaveric	317	290	2480
Heiner	Composite	241	273	1860
Adams	Cadaveric	253	329	388
Adams	Composite	449	460	1044

Table 5.1 Averages for flexural rigidity and axial stiffness of intact femurs in this study and Heiner. AT = anterior surface in tension; LT = lateral surface in tension

6. COCLUSIO

At every stage, differences in the behavior of the cadaver and composite specimen were shown. However, the goal of this thesis was to determine if the changes in the composite specimen between the stages successfully mirrors the changes in the cadaver specimen. In the flexural rigidity tests, there was not much continuity between the composite and cadaver specimen. In both the lateral and anterior set-up, the cadaver specimens had increased flexural rigidity from the intact to the cut stages, while the composite specimens exhibited a decreased rigidity. When comparing the cut to implanted stages there was a consistent decrease in the flexural rigidity but it was only statistically significant in the cadaver specimen. The results showed that the implant has an effect on the specimen, but the composite bone had a more predictable reaction to the surgical modifications.

In the axial tests, the composite bone did not have much change from the intact to the implanted stage, but the cadaver bone had a significant change. It is expected that the bone would be affected adversely by an implant like this being driven down the shaft. These tests show that the composite axial stiffness is not affected by the implant in the same manner as the cadaver. Part of this difference may be due to the inconsistencies of the cadaver bones. The increased cycles in this test may have contributed to the variable reactions of the cadaver bones.

The axial strain is a good test to encourage the use of composite bones because of their consistency and resistance to negative influences of testing. When comparing the strain at time points 1 and 5, the lasting effects of the test are shown. The composite specimens did not have a significant difference in strain between times 1 and 5 in either stage, while the implanted cadaver was found to have residual strains. However, the implanted cadaver showed the least resistance to increased strain over time when comparing times 2 and 3.

The results presented support the use of the composite femurs in testing. The composite bones are not compromised during repeated testing and exposure time. The results of the composite bones throughout testing are also more predictable. Composite bones also provide a means to control for size, shape, and composition that cadaver bones do not.

6.1. Future Work

Future work could include increased specimen testing. While 6 specimens per type was robust enough for this initial testing, to make more conclusions about the true differences between the composite and cadaver bones more data is required. It would also be beneficial to maintain the same number of cycles between the cadaver and composite specimen. To determine whether the outliers in the strain data are indicative of residual strains in the femurs, more cycles of the axial strain test are required. This would be advantageous in determining how bones are reacting to the many cycles of testing. Additionally, strain measurements could be taken during flexural rigidity tests.

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APPENDICES

- 1. Appendix A: Test Data
- 2. Appendix B: ANOVA Test Results
- 3. Appendix C: Flexural Rigidity Equation Derivation

APPENDIX A: Test Data

1. Flexural Rigidity – Composite

2. Flexural Rigidity – Cadaver

3. Axial Stiffness – Composite

4. Axial Stiffness – Cadaver

APPENDIX B: ANOVA test results

1. Anterior Bending

General Linear Model: flexural rigidity versus type, specimen, stage

Method Factor coding (1, 0) Factor Information Factor Type Levels Values
type Fixed 2 cadave: type Fixed 2 cadaver, composite
specimen(type) Random 13 GA0618(cadaver), M 13 GA0618(cadaver), MD0645(cadaver), MD1537(cadaver), NJ1747(cadaver), PA0100(cadaver), WV0103(cadaver), U1(composite), U1 (composite), U2(composite), U3(composite), U4(composite), U5(composite), U6(composite) stage Fixed 3 cut, implanted, whole Analysis of Variance Source DF Seq SS Contribution Adj SS Adj MS F-Value P-Value type 1 109383 41.36% 2347 2347.1 0.78 0.393
stage 2 5493 2.08% 8942 4470.8 7.76 0.001 stage 2 5493 2.08% 8942 4470.8 7.76 0.001 specimen(type) 11 56017
type*stage 2 20378 type*stage 2 20378 7.71% 20378 10189.0 17.68 0.000
Error 127 73192 27.68% 73192 576.3 Pror 127 73192 27.68% 73192 576.3

Lack-of-Fit 22 62179 23.51% 62179 2826.3 Lack-of-Fit 22 62179 23.51% 62179 2826.3 26.95 0.000 Pure Error 105 11013 104.16% 11013 104.9
Total 143 264464 100.00% 143 264464 100.00%

x Not an exact F-test.


```
- 2.1 specimen(type)_U1 (composite)
+ 5.2 specimen(type)_U2(composite)
                     + 19.7 specimen(type)_U3(composite) -
36.3 specimen(type)_U4(composite)
                     - 0.7 specimen(type)_U5(composite) 
+ 23.5 specimen(type)_U6(composite)
                     + 0.0 type*stage_cadaver cut + 0.0 type*stage_cadaver implanted
                     + 0.0 type*stage_cadaver whole - 9.3 type*stage_composite cut
                     + 0.0 type*stage_composite implanted + 46.9 type*stage_composite
```
whole

Equation treats random terms as though they are fixed.

Expected Mean Squares, using Adjusted SS

Error Terms for Tests, using Adjusted SS

2. Lateral Bending

General Linear Model: flexural rigidity versus type, specimen, stage

Method

Factor coding (1, 0)

Factor Information

Analysis of Variance

x Not an exact F-test.


```
 - 52.1 specimen(type)_PA0100(cadaver)
                     - 56.9 specimen(type)_WV0103(cadaver) 
+ 0.0 specimen(type)_U1(composite)
                    - 1.6 specimen(type)_U1 (composite) -
 2.4 specimen(type)_U2(composite)
                     + 4.6 specimen(type)_U3(composite) -
 5.4 specimen(type)_U4(composite)
                     - 6.2 specimen(type)_U5(composite) -
 6.6 specimen(type)_U6(composite)
                     + 0.0 type*stage_cadaver cut + 0.0 type*stage_cadaver implanted
                     + 0.0 type*stage_cadaver whole + 0.0 type*stage_composite cut
                     + 106.4 type*stage_composite implanted
```
+ 105.5 type*stage_composite whole

Equation treats random terms as though they are fixed.

Fits and Diagnostics for Unusual Observations

R Large residual

Expected Mean Squares, using Adjusted SS

Error Terms for Tests, using Adjusted SS

3. Axial Stiffness

General Linear Model: axial stiffness versus type, specimen, stage

Method

Factor coding (1, 0)

Factor Information

Analysis of Variance

x Not an exact F-test.

Equation treats random terms as though they are fixed.

Fits and Diagnostics for Unusual Observations

102 0.03 0.60410 R 103 0.03 0.60410 R 104 0.07 1.04994 R 145 0.07 -1.03391 R

R Large residual

Expected Mean Squares, using Adjusted SS

Source Expected Mean Square for Each Term
1 type (5) + 13.7143 (3) + Q[1, 4] $(5) + 13.7143 (3) + Q[1, 4]$ 2 stage (5) + Q[2, 4] 3 specimen(type) (5) + 16.0000 (3) 4 type*stage $(5) + Q[4]$
5 Error (5) 5 Error

Error Terms for Tests, using Adjusted SS

4. Mises Strain

General Linear Model: Mises Strain versus type, Stage, specimen, position, Time

Method

Factor coding (1, 0) Rows unused 11

Factor Information

Analysis of Variance

x Not an exact F-test.


```
Regression Equation
```

```
Mises Strain = -22.5 + 0.0 type_Cadaver - 20.4 type_Composite + 0.0 Stage_Implanted
                + 0.8 Stage_Intact - 99.3 Stage_whole + 0.0 position_1 
+ 51.8 position_2
                + 135.6 position_3 + 100.9 position_4 + 0.0 Time_1 + 253.5 Time_2
                + 234.7 Time_3 + 76.9 Time_4 + 83.0 Time_5 + 0.0 type*Stage_Cadaver 
Implanted
                + 0.0 type*Stage_Cadaver Intact + 0.0 type*Stage_Cadaver whole
                + 0.0 type*Stage_Composite Implanted + 54.4 type*Stage_Composite Intact
                + 66.6 type*Stage_Composite whole + 0.0 specimen(type)_GA0618(Cadaver)
                - 30.5 specimen(type)_MD0645(Cadaver) 
+ 31.2 specimen(type)_MD1537(Cadaver)
                + 99.9 specimen(type)_NJ1747(Cadaver) 
+ 70.0 specimen(type)_PA0100(Cadaver)
                - 4.6 specimen(type)_WV0103(Cadaver) + 0.0 specimen(type)_U1(Composite)
                - 24.6 specimen(type)_U2(Composite) - 25.4 specimen(type)_U3(Composite)
                - 15.4 specimen(type)_U4(Composite) - 47.7 specimen(type)_U5(Composite)
               - 13.8 specimen(type)_U6(Composite) + 0.0 type*Time_Cadaver 1
                + 0.0 type*Time_Cadaver 2 + 0.0 type*Time_Cadaver 3 
+ 0.0 type*Time_Cadaver 4
                + 0.0 type*Time_Cadaver 5 + 0.0 type*Time_Composite 1
                + 104.4 type*Time_Composite 2 + 238.6 type*Time_Composite 3
                + 27.9 type*Time_Composite 4 - 68.6 type*Time_Composite 5
                + 0.0 Stage*Time_Implanted 1 + 0.0 Stage*Time_Implanted 2
                + 0.0 Stage*Time_Implanted 3 + 0.0 Stage*Time_Implanted 4
                + 0.0 Stage*Time_Implanted 5 + 0.0 Stage*Time_Intact 1
                + 125.4 Stage*Time_Intact 2 + 127.0 Stage*Time_Intact 3
                - 53.3 Stage*Time_Intact 4 - 45.7 Stage*Time_Intact 5 
+ 0.0 Stage*Time whole 1
                + 57.5 Stage*Time_whole 2 + 60.9 Stage*Time_whole 3 -
 64.2 Stage*Time_whole 4
                - 69.8 Stage*Time_whole 5 + 0.0 type*Stage*Time_Cadaver Implanted 1
                + 0.0 type*Stage*Time_Cadaver Implanted 2 + 0.0 type*Stage*Time_Cadaver
                Implanted 3 + 0.0 type*Stage*Time_Cadaver Implanted 4
                + 0.0 type*Stage*Time_Cadaver Implanted 5 + 0.0 type*Stage*Time_Cadaver 
Intact
                1 + 0.0 type*Stage*Time_Cadaver Intact 2 + 0.0 type*Stage*Time_Cadaver 
Intact
                3 + 0.0 type*Stage*Time_Cadaver Intact 4 + 0.0 type*Stage*Time_Cadaver 
Intact
                5 + 0.0 type*Stage*Time_Cadaver whole 1 + 0.0 type*Stage*Time_Cadaver 
whole 2
                + 0.0 type*Stage*Time_Cadaver whole 3 + 0.0 type*Stage*Time_Cadaver 
whole 4
                + 0.0 type*Stage*Time_Cadaver whole 5 + 0.0 type*Stage*Time_Composite
                Implanted 1 + 0.0 type*Stage*Time_Composite Implanted 2
                + 0.0 type*Stage*Time_Composite Implanted 3 
+ 0.0 type*Stage*Time_Composite
                Implanted 4 + 0.0 type*Stage*Time_Composite Implanted 5
                + 0.0 type*Stage*Time_Composite Intact 1 
+ 2.8 type*Stage*Time_Composite
                Intact 2 - 79.9 type*Stage*Time_Composite Intact 3
                - 32.9 type*Stage*Time_Composite Intact 4 
+ 24.9 type*Stage*Time_Composite
                Intact 5 + 0.0 type*Stage*Time_Composite whole 1
                - 60.2 type*Stage*Time_Composite whole 2 -
154.5 type*Stage*Time_Composite
                whole 3 - 33.2 type*Stage*Time_Composite whole 4
                + 45.8 type*Stage*Time_Composite whole 5
Equation treats random terms as though they are fixed.
```


R Large residual

Expected Mean Squares, using Adjusted SS

Source Expected Mean Square for Each Term
1 type (10) + 15.7278 (6) + Q[1, 5, 7, 9] 1 type (10) + 15.7278 (6) + Q[1, 5, 7, 9] 2 Stage (10) + Q[2, 5, 8, 9] 3 position (10) + 97.3233 (3) 4 Time (10) + Q[4, 7, 8, 9] 5 type*Stage (10) + Q[5, 9] 6 specimen(type) $(10) + 38.9890(6)$
7 type*Time $(10) + Q[7, 9]$ $(10) + Q[7, 9]$
 $(10) + Q[8, 9]$ 8 Stage*Time 9 type*Stage*Time (10) + Q[9]
10 Error (10) 10 Error

APPENDIX C: Flexural Rigidity Equation Derivation

Figure 1 Simple Beam - Two Equal Concentrated Loads Symmetrically Placed [1]

$$
y_{max}(at center) = \frac{Pa}{24EI}(3l^2 - 4a^2)
$$
 [1]

where $l = 3a$

$$
y_{max} = \frac{Pa}{24EI} [3(3a)^2 - 4a^2]
$$

$$
y_{max} = \frac{Pa}{24EI} \left[27a^2 - 4a^2 \right]
$$

$$
y_{max} = \frac{Pa}{24EI} [23a^2]
$$

$$
y_{max} = \frac{23Pa^3}{24EI}
$$

$$
EI = \frac{23 Pa^3}{24 y_{max}}
$$